Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Forfar Buggy Walk 10:15 @ Forfar Library (front door) Book Group 1 (set text book group) 14:15 @ Kirriemuir Library Tayside Cancer Support Group 12:00 @ Forfar Library (Macmillan Hub)	Sporting Memories 13:30 @ Kirriemuir Library	Forfar Walk and Talk 10:00 @ Cricket Club, Forfar	4	Murton Farm Health Walk 10:15 @ Murton Farm Tearoom
BeActive Forfar Health Walk 14:00 @ Forfar Community Campus	BeActive Kirriemuir Health Walk 10:00 @ Webster's Sports Centre	Love of Books (general book discussion) 18:30 @ Kirriemuir Library	Kirriemuir Buggy Walk 10:15 @ Kirrie Den entrance (Tannage Brae)	Forfar Walk and Talk 10:00 @ Cricket Club, Forfar Young at Heart Club 14:00 @ Forfar Library	11	12
BeActive Forfar Health Walk 14:00 @ Forfar Community Campus	BeActive Kirriemuir Health Walk 10:00 @ Webster's Sports Centre	Murton Farm Health Walk 10:15 @ Murton Farm Tearoom Forfar Buggy Walk 10:15 @ Forfar Library (front door) Tayside Cancer Support Group 12:00 @ Forfar Library (Macmillan Hub) Reminiscence Group 15:00 @ Kirriemuir Library	Reading Group 13:30 @ Forfar Library	Forfar Walk and Talk 10:00 @ Cricket Club, Forfar	18	19

20	21	22	23	24	25	26
BeActive Forfar Health Walk 14:00 @ Forfar Community Campus	BeActive Kirriemuir Health Walk 10:00 @ Webster's Sports Centre	Book Group 2 (set text book group) 14:15 @ Kirriemuir Library	Kirriemuir Buggy Walk 10:15 @ Kirrie Den entrance (Tannage Brae)	Forfar Walk and Talk 10:00 @ Cricket Club, Forfar Young at Heart Club 14:00 @ Forfar Library		
27	28	29	30	31		
BeActive Forfar Health Walk 14:00 @ Forfar Community Campus	BeActive Kirriemuir Health Walk 10:00 @ Webster's Sports Centre	Tayside Cancer Support Group 12:00 @ Forfar Library (Macmillan Hub) Local History / Ancestry 18:30 @ Kirriemuir Library		Forfar Walk and Talk 10:00 @ Cricket Club, Forfar		

Forfar Library Groups (https://angusalive.scot/libraries/activities/)

- Reading Group Thursdays, 13:30 14:30 (every 4 weeks)
- Young at Heart Club Fridays 14:00-15:30 (every 2 weeks)
- Tayside Cancer Support Group Wednesdays, 12:00 13:00 (every 2 weeks)

Kirriemuir Library Groups (https://angusalive.scot/libraries/activities/)

- Book Group 1 Wednesdays, 14:15 15:15 (every 4 weeks)
- Book Group 2 Wednesdays, 14:15 15:15 (every 4 weeks)
- 'For the Love of Books' Book Chat Group Wednesdays 18:30-19:30 (2nd Wednesday of every month)
- Reminiscence Group Wednesdays, 14:15 15:15 (every 4 weeks)
- Local History / Ancestry Wednesdays, 18:30 19:30 (last Wednesday of the month)
- Sporting Memories Thursdays 13:30-15:30 (1st Thursday of every month)

Forfar Lend & Mend

Our Lend + Mend Hub is a dedicated facility, based in Forfar Library, which allows free access to equipment to repair, reuse and upcycle everyday items.

Be Active...Live Well - Physical Activity Referral Programme (https://angusalive.scot/sport-leisure/be-active-live-well/)

Be Active...Live Well supports inactive adults and those who are living with, or at risk of, a long term health condition to become more active and use physical activity to improve their health and wellbeing. A range of classes available including seated exercise, tai chi qigong, circuits and supported gym sessions.

Health Walks (https://angusalive.scot/countryside-adventures/healthy-steps-angus/)

- BeActive Forfar Forfar Community Campus, Mondays at 14:00
- BeActive Kirriemuir Webster's Sports Centre, Tuesdays at 10:00
- Forfar Walk and Talk Cricket Club, Fridays at 10:00
- Murton Farm 1st Sunday of each month at 10:15 and 3rd Wednesday of each month at 10:15
- Forfar Buggy Walk Forfar Library, Wednesdays, 10:15 (1st & 3rd Wednesday of each month)
- Kirriemuir Buggy Walk Kirrie Den entrance (Tannage Brae), Thursdays, 10:15 (2nd & 4th Thursday of each month)